**Full Title of Paper Here**

Student Name (First M. Last)

Counselor Education and Family Studies, Liberty University

**Author Note**

I have no known conflict of interest to disclose.

Correspondence concerning this article should be addressed to

Email:

# Full Title

Start with an introduction (don’t use a title for it). The intro will have the purpose of the paper, brief background (what culture you are discussing), brief outline of the paper for reader (what they should be expecting), and transition sentence to the first heading, “Events Attended” – one paragraph.

**Events Attended** (level 1 headings)

Describe the events attended and what happened (aprox. 250-300 words)

**Comparison with Expectations**

Discuss how your experience of actual cultural events compare with the expectations you had developed from the readings and Internet/media explorations you did in Cultural Immersion Project – Part 1. (approximately 250 words)

**Emotional Impact**

Describe how participation in these immersion events impact you emotionally. In other words, what was it like to be a minority in this group? (approximately 250 words)

As you consider your own cultural background, describe why do you think you responded the way you did? (approximately 250 words)

**Key Things Learned**

What are some key things that you have learned about this culture through these events? (approximately 250 words)

**Counseling Theories Validated for This Group**

Discuss counseling theories and techniques that have been empirically validated as effective with this group. You can use the McGoldrick et al. text for this section, and peer reviewed articles. Use a minimum of **three** resources. (approximately 250 words).

Identify ***three theoretical approaches*** (i.e. Cognitive Behavioral Therapy, Reality Therapy, Person-Centered, etc.) that have been empirically validated as effective with the selected group (for any credit student must cite a peer reviewed journal supporting the use of the theory given).

Identify ***three counseling techniques*** (miracle question, reflective listening, thought-stopping techniques, mindfulness, etc.) that have been empirically validated as effective with the selected group (for any credit student must cite a peer reviewed journal supporting the use of the technique given).

Student describes how characteristics noted above relate to counseling with this group, including resilience building and eliminating obstacles and illuminating opportunities.

**References**

References start here with a hanging indent. Double space and list references alphabetically by author’s last name. Review your APA Manual for formatting requirements for specific types of sources.

**References should include at least 3 scholarly sources on your cultural group of interest (the resources must published by 2005 or later) focusing on counseling theories and counseling techniques.** A pertinent, unassigned chapter from the McGoldrick et al. text may count as 1 of these resources; however, the Hays & Erford text chapters may **not** count as a source.

Follow current APA Publication Manual organization and style guidelines. Points will be deducted for format violations and grammatical problems.